

Year 8 PSHE Curriculum overview						
	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Topic	Keeping safe	Relationships	Sexual health Emotional & mental health	Personal development	Values, rights & responsibilities	Money & future choices Online life & media Health & fitness
<b>Key concepts</b>	1.Online bullying 2.Young people's attitudes about substances 3.Alcohol 4.Substances and the media. 5.First Aid emergencies 6.Gangs and knife crime 7.Financial exploitation 8.keeping safe assessment	1.Positive online relationships 2.Family disputes 3.Relationship feelings 4.Positive romantic relationships 5.Relationships & the media 6.Perceptions/expectations in a romantic relationship 7.Relationships assessment.	1.Am i ready for a partner. 2.Connecting with others 3.Unhealthy comparison 4.Positive self-talk 5.Mental health/anxiety/depression 6. Emotional & mental health assessment.	1.Accepting responsibility 2.Managing criticism 3.Non-verbal communication 4.Active listening 5.Communication skills 6.managing misunderstandings 7. Personal development assessment	1.Challenging unfair family expectations 2.Extremism 3. Promoting inclusion 4. Values rights and responsibilities assessment	1.Employability skills 2.Gambling 3.What does the internet know about me 4.tecnology and the workplace 5.Media influence 6.Online life and media assessment 7.Physical activity and mental health
<b>Knowledge and understanding milestones</b>	Students to understand how to keep themselves safe within different situations. Students will develop their knowledge about society and keeping themselves safe. Students will be provided with support and advice if this was needed in the future.	Students will continue to learn suitable strategies to stay safe online. Students will develop knowledge about families and the differences amongst all families. Students will focus on their own relationships and feelings and learn how to recognise healthy attitudes towards how relationships are portrayed in the media.	Students will continue to explore relationships; they will talk about how they recognise signs to see if they are ready for a relationship. How to have a heathy relationship, and how to stay positive in a relationship without making unhealthy comparisons.	Students will develop their skills and understanding about how to develop and mature. They will discuss how to manage criticism, accept responsibility as well as learning positive communication skills. They will learn strategies to help them deal with misunderstandings.	Students will develop their skills and learn strategies to enable them to be able to challenge unfair family expectations. They will learn about extremism and how to help themselves stay safe. The will learn what inclusion is and how to promote it.	Students will develop skills and strategies that enable them to make wise money and future choices including how to stay safe online, be wise about the risks of gambling, how to use media wisely. Students will understand the connection between physical activity and mental health.
<b>Scaffolding for SEND to ensure quality first teaching</b>	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning

	Knowledge Organiser tests Recall quizzes	Knowledge Organiser tests Recall quizzes	Knowledge Organiser tests Recall quizzes	Knowledge Organiser tests Recall quizzes	Knowledge Organiser tests Recall quizzes	Knowledge Organiser tests Recall quizzes
<b>Careers input</b>	Emergency services Media Finance Health advisor Law Fitness Nutritionist Education Doctor Nurse	Emergency services Media Finance Health advisor Law Fitness Nutritionist Education Doctor Nurse	Emergency services Media Finance Health advisor Law Fitness Nutritionist Education Doctor Nurse	Emergency services Media Finance Health advisor Law Fitness Nutritionist Education Doctor Nurse	Emergency services Media Finance Health advisor Law Fitness Nutritionist Education Doctor Nurse	Emergency services Media Finance Health advisor Law Fitness Nutritionist Education Doctor Nurse
<b>Links (prior knowledge, future knowledge)</b>	<b>This units build on:</b> Knowledge and skills developed from the year 7 PSHE curriculum. <b>This unit prepares students for:</b> KS4 and the further development of skills and knowledge required for the PSHE curriculum. Students will reflect and use previous knowledge from KS3.	<b>This units build on:</b> Knowledge and skills developed from the year 7 PSHE curriculum. <b>This unit prepares students for:</b> KS4 and the further development of skills and knowledge required for the PSHE curriculum. Students will reflect and use previous knowledge from KS3.	<b>This units build on:</b> Knowledge and skills developed from the year 7 PSHE curriculum. <b>This unit prepares students for:</b> KS4 and the further development of skills and knowledge required for the PSHE curriculum. Students will reflect and use previous knowledge from KS3.	<b>This units build on:</b> Knowledge and skills developed from the year 7 PSHE curriculum. <b>This unit prepares students for:</b> KS4 and the further development of skills and knowledge required for the PSHE curriculum. Students will reflect and use previous knowledge from KS3.	<b>This units build on:</b> Knowledge and skills developed from the year 7 PSHE curriculum. <b>This unit prepares students for:</b> KS4 and the further development of skills and knowledge required for the PSHE curriculum. Students will reflect and use previous knowledge from KS3.	<b>This units build on:</b> Knowledge and skills developed from the year 7 PSHE curriculum. <b>This unit prepares students for:</b> KS4 and the further development of skills and knowledge required for the PSHE curriculum. Students will reflect and use previous knowledge from KS3.
<b>Key vocabulary</b>	Legal Illegal Different emergencies Various substances Misuse Fatal Victim Exploitation Criminal Intoxication Binge	Relationship Healthy Toxic Gaslighting Dispute Argument Disagreement Abstinence	Relationship Connection Unhealthy Toxic Emotional Mental health	Communication Responsibility Criticism Misunderstandings Arguments	Challenging Expectations Extremism Inclusion Values Rights Responsibilities	Social media Positive Negative Connected Online Behaviour Risks Fake news Coercion Physical health Bullying Offensive images Scams Mental health

<p><b>Review and Assessment (including opportunities for retrieval practice)</b></p>	<p><b>Formative assessment:</b></p> <ul style="list-style-type: none"> <li>• Do now tasks</li> <li>• In lesson quizzes</li> <li>• Selective questioning</li> <li>• Peer/self-assessment</li> </ul> <p><b>Summative assessment:</b> Keeping safe assessment</p>	<p><b>Formative assessment:</b></p> <ul style="list-style-type: none"> <li>• Do now tasks</li> <li>• In lesson quizzes</li> <li>• Selective questioning</li> <li>• Peer/self-assessment</li> </ul> <p><b>Summative assessment:</b> Relationships assessment</p>	<p><b>Formative assessment:</b></p> <ul style="list-style-type: none"> <li>• Do now tasks</li> <li>• In lesson quizzes</li> <li>• Selective questioning</li> <li>• Peer/self-assessment</li> </ul> <p><b>Summative assessment:</b> Emotional &amp; mental assessment</p>	<p><b>Formative assessment:</b></p> <ul style="list-style-type: none"> <li>• Do now tasks</li> <li>• In lesson quizzes</li> <li>• Selective questioning</li> <li>• Peer/self-assessment</li> </ul> <p><b>Summative assessment:</b> Personal development assessment</p>	<p><b>Formative assessment:</b></p> <ul style="list-style-type: none"> <li>• Do now tasks</li> <li>• In lesson quizzes</li> <li>• Selective questioning</li> <li>• Peer/self-assessment</li> </ul> <p><b>Summative assessment:</b> Values, rights &amp; responsibilities assessment</p>	<p><b>Formative assessment:</b></p> <ul style="list-style-type: none"> <li>• Do now tasks</li> <li>• In lesson quizzes</li> <li>• Selective questioning</li> <li>• Peer/self-assessment</li> </ul> <p><b>Summative assessment:</b> Online life &amp; media assessment</p>
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