



<p><b>Careers input</b></p>	<p>Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager</p>	<p>Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager</p>	<p>Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager</p>	<p>Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager</p>	<p>Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager</p>	<p>Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager</p>
<p><b>Links (prior knowledge, future knowledge)</b></p>	<p><b>This units build on:</b> Year 8 netball unit which focused on developing play from year 7. <b>This unit prepares students for:</b> building performance for a more competitive stance using technical and tactical play with the support of set plays to work within a team. Students can prepare to use netball within GCSE PE if desired.</p>	<p><b>This units build on:</b> Year 8 gymnastics unit which developed the knowledge of rolls, jumps, and balances which can be used in year 9. <b>This unit prepares students for:</b> building knowledge of gymnastics to make a more dynamic and detailed performance with the use of transition and flight.</p>	<p><b>This units build on:</b> Year 8 hockey unit which focused on developing skills and game play for a more effective performance throughout the pitch. <b>This unit prepares students for:</b> building performance for a more competitive stance using technical and tactical play with the support of set plays to work within a team.</p>	<p><b>This units build on:</b> Year 8 OAA unit which focused on teamwork and communication for team building activities. <b>This unit prepares students for:</b> developing navigation skills whilst using their teamwork and communication skills to complete orienteering activities.</p>	<p><b>This units build on:</b> Year 8 athletics unit which focused on the running, throwing, and jumping events and how to develop performance to push achievement and success. <b>This unit prepares students for:</b> developing their performance further to a fully competitive standard, where students can assess own and peer performance to improve further. Students also prepare for LHS annual sports day.</p>	<p><b>This units build on:</b> Year 8 rounders unit which focused on developing fielding, batting, and positional play knowledge to develop performance. <b>This unit prepares students for:</b> developing tactical performance to enhance performance. Students will be able to self and peer assess performance to improve success whilst continually developing batting and fielding skills.</p>

<p><b>Key vocabulary</b></p>	<p>Chest pass Shoulder pass Bounce pass Positions Footwork Contact Obstruction Ball side Space Shooting Centre pass Stack</p>	<p>Transition Roll Star jump Pike Log roll Vault Straddle Straddle over Straddle through Handspring</p>	<p>Push pass Hit shot Attacking Defending Midfielders Shooting Positioning Control Space On the move</p>	<p>Teamwork Communication Navigation Verbal Non-verbal Direction Teambuilding Orienteering</p>	<p>Long jump High jump Javelin Shot Putt Discus Sprinting Long distance running Blocks Arm action</p>	<p>Overarm throw Underarm throw Batting Fielding Rounder Half rounder Deep field Underarm Overarm Ball placement</p>
<p><b>Review and Assessment (including opportunities for retrieval practice)</b></p>	<p><b>Formative assessment:</b> Questioning and feedback during lesson</p> <p><b>Summative assessment:</b> demonstrate through practical application with teacher feedback</p>	<p><b>Formative assessment:</b> Questioning and feedback during lesson</p> <p><b>Summative assessment:</b> demonstrate through practical application with teacher feedback</p>	<p><b>Formative assessment:</b> Questioning and feedback during lesson</p> <p><b>Summative assessment:</b> demonstrate through practical application with teacher feedback</p>	<p><b>Formative assessment:</b> Questioning and feedback during lesson</p> <p><b>Summative assessment:</b> demonstrate through practical application with teacher feedback</p>	<p><b>Formative assessment:</b> Questioning and feedback during lesson</p> <p><b>Summative assessment:</b> demonstrate through practical application with teacher feedback</p>	<p><b>Formative assessment:</b> Questioning and feedback during lesson</p> <p><b>Summative assessment:</b> demonstrate through practical application with teacher feedback</p>