Year 9 Core Physical Education Curriculum Overview – Sport 1							
	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6	
Topic	Netball	Gymnastics	Hockey	OAA	Athletics	Rounders	
Key concepts	Shooting	 Balances 	 Use of space 	 Navigation 	 Running 	 Tactical play 	
	 Set plays 	 Transition 	 Tackling 	 Communication 	 Jumping 	 Batting 	
	Tactical play	• Flight	 Set plays 	 Teamwork 	 Throwing 	 Fielding 	
Knowledge and understanding milestones	Continuing to	Students develop	Continuing to	Using previously	Students apply	Understand differen	
	develop fluid play	balances further, by	develop fluid play	learnt skills, pupils to	previously learnt	tactics that can be	
	throughout court.	adapting individual	throughout the pitch.	develop their	knowledge to	utilised to advance	
	Students to	and paired balances	Students to develop	orienteering skills in a	compete at a	individual and tean	
	understand the	into group balances.	an understanding on	range of activities	competitive	performance. Pupils	
	correct shooting	Students use	how to effectively use	reading co-ordinates,	standard, completing	continue to develor	
	technique using the	knowledge of	all the space as a	clue cards and map	the events in full.	batting technique to	
	BEEF acronym to help	transition from	team to advance	reading.	Students will	increase hitting	
	students remember	gymnastics and	performance.		understand where to	percentage and begin	
	the technique. Cover	dance to transition in	Students to		start races using the	ball placement to	
	a selection of set	between balances	understand the		track markings and	place the ball away	
	plays around the	which look like one	correct and safe		how to improve	from fielders to	
	court to support	movement.	technique for tackling		performance using	increase	
	students game play,	Introduce apparatus	to avoid rule		correct running	performance. Field	
	and understand	to increase height,	infringement e.g.		technique. Running	tactics increased to	
	different tactics used	and students can use	stick tackle, but able		blocks to be provided	reduce scoring	
	to progress	different vaults	to use it to enhance		for sprint events.	opportunities fo	
	performance further.	within performance starting with a basic	performance. Cover a selection of set		Students aim to improve	opposition.	
		vault to a more			timings/distances		
		advanced vault.	plays around the pitch to support		from previous years.		
		advanced vadit.	game play.		nom previous years.		
	Scaffolds	Scaffolds	Scaffolds	Scaffolds	Scaffolds	Scaffolds	
Scaffolding for SEND	Challenge tasks	Challenge tasks	Challenge tasks	Challenge tasks	Challenge tasks	Challenge tasks	
to ensure quality	Model answers	Model answers	Model answers	Model answers	Model answers	Model answers	
first teaching	Targeted questioning	Targeted questioning	Targeted questioning	Targeted questioning	Targeted questioning	Targeted questioning	
	Quizzes	Quizzes	Quizzes	Quizzes	Quizzes	Quizzes	

Careers input	Professional sports	Professional sports	Professional sports	Professional sports	Professional sports	Professional sports
	performer	performer	performer	performer	performer	performer
	Teacher	Teacher	Teacher	Teacher	Teacher	Teacher
	Personal trainer	Personal trainer	Personal trainer	Personal trainer	Personal trainer	Personal trainer
	Fitness instructor	Fitness instructor	Fitness instructor	Fitness instructor	Fitness instructor	Fitness instructor
	Athletic coach	Athletic coach	Athletic coach	Athletic coach	Athletic coach	Athletic coach
	Physiotherapist	Physiotherapist	Physiotherapist	Physiotherapist	Physiotherapist	Physiotherapist
	Nutritionist	Nutritionist	Nutritionist	Nutritionist	Nutritionist	Nutritionist
	Sports development	Sports development	Sports development	Sports development	Sports development	Sports development
	officer	officer	officer	officer	officer	officer
	Sports journalist	Sports journalist	Sports journalist	Sports journalist	Sports journalist	Sports journalist
	Events manager	Events manager	Events manager	Events manager	Events manager	Events manager
	This units build on:	This units build on:	This units build on:	This units build on:	This units build on:	This units build on:
	Year 8 netball unit	Year 8 gymnastics	Year 8 hockey unit	Year 8 OAA unit	Year 8 athletics unit	Year 8 rounders unit
	which focused on	unit which developed	which focused on	which focused on	which focused on the	which focused on
	developing play from	the knowledge of	developing skills and	teamwork and	running, throwing,	developing fielding,
	year 7.	rolls, jumps, and	game play for a more	communication for	and jumping events	batting, and
	This unit prepares	balances which can	effective	team building	and how to develop	positional play
	students for: building	be used in year 9.	performance	activities.	performance to push	knowledge to
	performance for a	This unit prepares	throughout the pitch.	This unit prepares	achievement and	develop
	more competitive	students for: building	This unit prepares	students for:	success.	performance.
Links (prior	stance using	knowledge of	students for: building	developing	This unit prepares	This unit prepares
knowledge, future	technical and tactical	gymnastics to make a	performance for a	navigation skills	students for:	students for:
knowledge)	play with the support	more dynamic and	more competitive	whilst using their	developing their	developing tactical
	of set plays to work	detailed	stance using	teamwork and	performance further	performance to
	within a team.	performance with	technical and tactical	communication skills	to a fully competitive	enhance
	Students can prepare	the use of transition	play with the support	•	standard, where	performance.
	to use netball within	and flight.	of set plays to work	orienteering	students can assess	Students will be able
	GCSE PE if desired.		within a team.	activities.	own and peer	to self and peer
					performance to	assess performance
					improve further.	to improve success
					Students also	whilst continually
					prepare for LHS	developing batting
					annual sports day.	and fielding skills.

Key vocabulary	Chest pass Shoulder pass Bounce pass Positions Footwork Contact Obstruction Ball side Space Shooting Centre pass Stack	Transition Roll Star jump Pike Log roll Vault Straddle Straddle over Straddle through Handspring	Push pass Hit shot Attacking Defending Midfielders Shooting Positioning Control Space On the move	Teamwork Communication Navigation Verbal Non-verbal Direction Teambuilding Orienteering	Long jump High jump Javelin Shot Putt Discus Sprinting Long distance running Blocks Arm action	Overarm throw Underarm throw Batting Fielding Rounder Half rounder Deep field Underarm Overarm Ball placement
	Formative assessment: Questioning and	Formative assessment: Questioning and	Formative assessment: Questioning and	Formative assessment: Questioning and	Formative assessment: Questioning and	Formative assessment: Questioning and
Review and Assessment	feedback during lesson	feedback during lesson	feedback during lesson	feedback during lesson	feedback during lesson	feedback during lesson
(including opportunities for retrieval practice)	Summative assessment: demonstrate through practical application with teacher feedback	Summative assessment: demonstrate through practical application with teacher feedback	Summative assessment: demonstrate through practical application with teacher feedback	Summative assessment: demonstrate through practical application with teacher feedback	Summative assessment: demonstrate through practical application with teacher feedback	Summative assessment: demonstrate through practical application with teacher feedback