	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Topic	Netball	Gymnastics	Hockey	OAA	Athletics	Rounders
	Passing on the	• Rolls	Passing into	 Teamwork 	 Running 	 Fielding
	move	 Jumps 	space	 Communication 	 Jumping 	 Batting
	 Defending the 	 Balances 	Attacking –		 Throwing 	 Positional play
Key concepts	player		moving into			
	 Attacking – 		space			
	moving into		 Defending the 			
	space		player			
	Apply Y7 netball	Use different types of	Apply Y7 hockey	Introduce students to	Continue progression	Using previously
	knowledge to passing	rolls across a space to	knowledge to passing	different activities	from year 7 to recap	learnt skills, pupils
	on the move into	transition into new	into space. Identify	focusing on using	previously learnt	apply knowledge to
	space. Identify	position. Identify a	strategies to defend a	teamwork and	skills, and progress to	advance play in
	strategies to defend a	selection of different	player effectively to	communication skills	a competitive	different positions.
	player effectively to	jumps to allow height	gain possession of	to develop their OAA	standard. Pupils will	Pupils to gain an
	gain possession.	within routines.	the ball. Identify how	skills. Activities	adapt positioning	understanding of
Knowledge and	Identify how to use	Complete individual	to use the space on	include navigation,	within throws to	different positions
understanding	the space on court to	and paired balances	the pitch to make the	teambuilding, and	increase throwing	within the field. Learn
milestones	make the most	within routine to	most effective play	communication	distance, for example	and understand the
	effective play	support transition	throughout the pitch.	activities.	a run up will be	batting technique to
	throughout court.	and jumps.			introduced for the	allow competitive
					Javelin. Within	element within
					running, students will	lessons.
					focus on a sprint start	
					position to improve	
					sprint starts.	
	Scaffolds	Scaffolds	Scaffolds	Scaffolds	Scaffolds	Scaffolds
caffolding for SEND	Challenge tasks	Challenge tasks	Challenge tasks	Challenge tasks	Challenge tasks	Challenge tasks
to ensure quality	Model answers	Model answers	Model answers	Model answers	Model answers	Model answers
first teaching	Targeted questioning	Targeted questioning	Targeted questioning	Targeted questioning	Targeted questioning	Targeted questioning
	Quizzes	Quizzes	Quizzes	Quizzes	Quizzes	Quizzes

Professional sports

performer

Professional sports

performer

Careers input

Professional sports

performer

Professional sports

performer

Professional sports

performer

Professional sports

performer

	Teacher	Teacher	Teacher	Teacher	Teacher	Teacher
	Personal trainer					
	Fitness instructor					
	Athletic coach					
	Physiotherapist	Physiotherapist	Physiotherapist	Physiotherapist	Physiotherapist	Physiotherapist
	Nutritionist	Nutritionist	Nutritionist	Nutritionist	Nutritionist	Nutritionist
	Sports development					
	officer	officer	officer	officer	officer	officer
	Sports journalist					
	Events manager					
	This units builds on:					
	Year 7 netball unit	Gymnastics skills	Year 7 hockey unit	Students' current	Year 7 athletics unit	Year 7 rounders unit
	taught which focused	covered from KS2	taught which focused	knowledge for using	taught which focused	taught which focused
	on introduction to	education and	on introduction to	communication and	on introducing	on basic throwing,
	netball and progress	external	hockey and progress	teamwork amongst	different athletic	catching skills
	from KS2 to KS3	opportunities. Pupils	from KS2 to KS3	different activities	events.	including the simple
	netball with adaption	can apply	hockey with	including sport and	This unit prepares	rules needed for
	to rules.	terminology and	adaptation to rules.	other subjects.	students for: annual	rounders.
	This unit prepares	concept from dance	This unit prepares	This unit prepares	district athletics	This unit prepares
	students for:	unit in year 7.	students for:	students for:	competition and	students for:
Links /muisu	progressing play to	This unit prepares	progressing play to	completion of a	developing	progressing play to a
Links (prior	encourage a	students for:	encourage a	range of different	techniques for a	more competitive
knowledge, future	smoother movement	students to build an	smoother movement	team building	more competitive	standard. Students
knowledge)	through court. It	understanding on	through court and	activities which	situation. Also	develop their fielding
	encourages students	transitioning across	how to use space to	support developing	prepares students for	skills and
	to consider their	space using rolls	enhance	teamwork and	LHS annual sports	understanding. Pupils
	spacing, and their	rather than basic	performance.	communication.	day.	learn batting
	defence technique to	movements such as a		Students will develop	,	technique to improve
	gain possession of	run. Increase height		these further in Y9		their attacking play.
	the ball.	into routines with		with a focus of		Pupils understand
		the use of select		navigation.		different positional
		jumps and use		<u> </u>		play opportunities
		teamwork				which will develop
		opportunities to				their fielding and
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		complete individual and paired balances.				batting performances.
Key vocabulary	Chest pass Shoulder pass Bounce pass Positions Footwork Contact Obstruction Ball side Space	Transition Roll Star jump Pike Log roll	Push pass Hit shot Attacking Defending Midfielders Shooting Positioning Control Space On the move	Teamwork Communication Navigation Verbal Non-verbal Direction Teambuilding	Long jump High jump Javelin Shot Putt Discus Sprinting Long distance running	Overarm throw Underarm throw Batting Fielding Rounder Half rounder Deep field
	Formative	Formative	Formative	Formative	Formative	Formative
	assessment:	assessment:	assessment:	assessment:	assessment:	assessment:
	Questioning and	Questioning and	Questioning and	Questioning and	Questioning and	Questioning and
Review and	feedback during	feedback during	feedback during	feedback during	feedback during	feedback during
Assessment	lesson	lesson	lesson	lesson	lesson	lesson
(including						
(Summative	Summative	Summative	Summative	Summative	Summative
onnortunities for						
opportunities for	assessment:	assessment:	assessment:	assessment:	assessment:	assessment:
opportunities for retrieval practice)			assessment: demonstrate through	assessment: demonstrate through	assessment: demonstrate through	assessment: demonstrate through
• •	assessment:	assessment:				
• •	assessment: demonstrate through	assessment: demonstrate through	demonstrate through	demonstrate through	demonstrate through	demonstrate through