Year 8 Core Physical Education Curriculum Overview – Sport 2							
	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6	
Topic	Rugby	Badminton	Health related fitness	Football	Athletics	Cricket	
Key concepts	 Passing Skills Tactical play Kicking 	ServiceShot selectionTactics	 Circuit training Interval training Cardiovascular endurance 	 Outwitting defender Developing attacking play Defensive tactics 	RunningJumpingThrowing	 Drive shot Pull shot Fielding positions 	
Knowledge and understanding milestones	Pupils will further develop the ability to outwit opponents and teams using strategies and tactics. Pupil's will learn to choose, combine and perform rugby skills more fluently, consistently and with greater accuracy in order to outwit opposition.	Students will perform a series of drills and develop tactical strategies to develop skills, shot selection and tactical awareness and apply them in half court and full court matches.	Pupils to prepare and recover from exercise safely and effectively and to gain an understanding of the principles used. To develop an experience of a range of activities that involves sustained physical work. Pupils should understand that different events demand different components of fitness and be able to adapt to the set task.	Pupils will further develop the ability to outwit opponents and teams using strategies and tactics. Pupils will learn to combine and perform further developed football skills consistently applying fluency and a greater accuracy and quality of technique.	Continue progression from year 7 to recap previously learnt skills, and progress to a competitive standard. Pupils will adapt positioning within throws to increase throwing distance, for example a run up will be introduced for the Javelin. Within running, students will focus on a sprint start position to improve sprint starts.	Pupils will further develop the ability to outwit opponents using strategies and tactics. Pupils will learn to apply consistency & accurate timing in the use of techniques for batting, bowling and fielding. Pupils should begin to develop the ability to evaluate performances. Continual development and refinement of the learnt skills will contribute to producing an	

						improved performance.
Scaffolding for SEND to ensure quality first teaching	Scaffolds demonstrations Challenge tasks Model answers Targeted questioning	Scaffolds demonstrations Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds demonstrations Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds demonstrations Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds demonstrations Challenge tasks Model answers Targeted questioning	Scaffolds Challenge tasks Model answers Targeted questioning Quizzes
Careers input	Quizzes Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager	Quizzes Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager
Links (prior knowledge, future knowledge)	This units builds on: Year 7 rugby unit taught which focused on introducing and developing skills in preparation for game play. This unit prepares students for: Year 7 rugby unit taught which	This units builds on: Year 7 badminton unit taught which focused on introducing and developing skills in preparation for game play. This unit prepares students for:	This units builds on: Previous knowledge learnt at KS2, from activities and clubs outside of school. Also from sport taken in PE lessons. This unit prepares students for: To encourage a and to understand why a healthy lifestyle is	This units builds on: Year 7 football unit taught which focused on introducing and developing skills in preparation for game play. This unit prepares students for: Year 7 football unit taught which focused on introducing and	This units builds on: Year 7 athletics unit taught which focused on introducing different athletic events. This unit prepares students for: annual district athletics	This units builds on: Year 8 football unit taught which focused on introducing and developing skills in preparation for game play. This unit prepares students for:

Key vocabulary	focused on introducing and developing skills in preparation for game play and additionally extracurricular fixtures. Warm up, cool down, attack, defence, space, standing leg, punt, grubber kick, conversion, power, accuracy, touchline, goal post, overlap, edge.	Year 7 badminton unit taught which focused on introducing and developing skills in preparation for game play and additionally extracurricular fixtures. Stance, grip, high serve, clear, drop shot, below waist, stance, cushioned, high elbow, shot selection, racket head.	important. To help students train and prepare for their extracurricular sports. Warm up, Pulse raiser, dynamic stretches, technique, heart rate, health related fitness, cardiovascular endurance, muscular strength, muscular endurance, flexibility, body composition.	developing skills in preparation for game play and additionally extracurricular fixtures. Long, short, inside outside, weight of pass, chip, lofted, drive, shoot, dribble, corner, target, heading, moving, control.	competition and developing techniques for a more competitive situation. Also prepares students for LHS annual sports day. Long jump High jump Javelin Shot Putt Discus Sprinting Long distance running	Year 7 cricket unit taught which focused on introducing and developing skills in preparation for game play and additionally extracurricular fixtures. Tumps, long barrier, catching, off side, onside,, crease, wicket, bails, head over ball, high elbow, pitch, short ball, stumping, deliver, accuracy.
	Formative	Formative	Formative assessment:	Formative	Formative	Formative
	assessment:	assessment:	Questioning and	assessment:	assessment:	assessment:
	Questioning and	Questioning and	feedback during lesson	Questioning and	Questioning and	Questioning and
Review and	feedback during	feedback during	Summative assessment:	feedback during	feedback during	feedback during
Assessment	lesson	lesson	demonstrate through	lesson	lesson	lesson
(including	Summative	Summative	practical application with	Summative	Summative	Summative
opportunities for	assessment:	assessment:	teacher feedback	assessment:	assessment:	assessment:
retrieval practice)	demonstrate	demonstrate		demonstrate through	demonstrate	demonstrate
	through practical	through practical		practical application	through practical	through practical
	application with	application with		with teacher feedback	application with	application with
	teacher feedback	teacher feedback			teacher feedback	teacher feedback