

**Year 8 Core Physical Education Curriculum Overview – Sport 2**

	<b>Half term 1</b>	<b>Half term 2</b>	<b>Half term 3</b>	<b>Half term 4</b>	<b>Half term 5</b>	<b>Half term 6</b>
<b>Topic</b>	<b>Rugby</b>	<b>Badminton</b>	<b>Health related fitness</b>	<b>Football</b>	<b>Athletics</b>	<b>Cricket</b>
<b>Key concepts</b>	<ul style="list-style-type: none"> <li>• Passing Skills</li> <li>• Tactical play</li> <li>• Kicking</li> </ul>	<ul style="list-style-type: none"> <li>• Service</li> <li>• Shot selection</li> <li>• Tactics</li> </ul>	<ul style="list-style-type: none"> <li>• Circuit training</li> <li>• Interval training</li> <li>Cardiovascular endurance</li> </ul>	<ul style="list-style-type: none"> <li>• Outwitting a defender</li> <li>• Developing attacking play</li> <li>• Defensive tactics</li> </ul>	<ul style="list-style-type: none"> <li>• Running</li> <li>• Jumping</li> <li>• Throwing</li> </ul>	<ul style="list-style-type: none"> <li>• Drive shot</li> <li>• Pull shot</li> <li>• Fielding positions</li> </ul>
<b>Knowledge and understanding milestones</b>	<p>Pupils will further develop the ability to outwit opponents and teams using strategies and tactics. Pupil’s will learn to choose, combine and perform rugby skills more fluently, consistently and with greater accuracy in order to outwit opposition.</p>	<p>Students will perform a series of drills and develop tactical strategies to develop skills, shot selection and tactical awareness and apply them in half court and full court matches.</p>	<p>Pupils to prepare and recover from exercise safely and effectively and to gain an understanding of the principles used. To develop an experience of a range of activities that involves sustained physical work. Pupils should understand that different events demand different components of fitness and be able to adapt to the set task.</p>	<p>Pupils will further develop the ability to outwit opponents and teams using strategies and tactics. Pupils will learn to combine and perform further developed football skills consistently applying fluency and a greater accuracy and quality of technique.</p>	<p>Continue progression from year 7 to recap previously learnt skills, and progress to a competitive standard. Pupils will adapt positioning within throws to increase throwing distance, for example a run up will be introduced for the Javelin. Within running, students will focus on a sprint start position to improve sprint starts.</p>	<p>Pupils will further develop the ability to outwit opponents using strategies and tactics. Pupils will learn to apply consistency &amp; accurate timing in the use of techniques for batting, bowling and fielding. Pupils should begin to develop the ability to evaluate performances. Continual development and refinement of the learnt skills will contribute to producing an</p>

						improved performance.
<b>Scaffolding for SEND to ensure quality first teaching</b>	Scaffolds demonstrations Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds demonstrations Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds demonstrations Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds demonstrations Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds demonstrations Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds Challenge tasks Model answers Targeted questioning Quizzes
<b>Careers input</b>	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist Sports development officer Sports journalist Events manager
<b>Links (prior knowledge, future knowledge)</b>	<b>This units builds on:</b> Year 7 rugby unit taught which focused on introducing and developing skills in preparation for game play.  <b>This unit prepares students for:</b> Year 7 rugby unit taught which	<b>This units builds on:</b> Year 7 badminton unit taught which focused on introducing and developing skills in preparation for game play.  <b>This unit prepares students for:</b>	<b>This units builds on:</b> Previous knowledge learnt at KS2, from activities and clubs outside of school. Also from sport taken in PE lessons.  <b>This unit prepares students for:</b> To encourage a and to understand why a healthy lifestyle is	<b>This units builds on:</b> Year 7 football unit taught which focused on introducing and developing skills in preparation for game play.  <b>This unit prepares students for:</b> Year 7 football unit taught which focused on introducing and	<b>This units builds on:</b> Year 7 athletics unit taught which focused on introducing different athletic events.  <b>This unit prepares students for:</b> annual district athletics	<b>This units builds on:</b> Year 8 football unit taught which focused on introducing and developing skills in preparation for game play.  <b>This unit prepares students for:</b>

