Year 7 Core Physical Education Curricul	lum Overview – Sport 2
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	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Topic	Rugby	Badminton	Health related fitness	Football	Athletics	Cricket
Key concepts	PassingCatchingTackling	ServiceOverhead clearDropshot	Heart rateCardiovascular enduranceWarm up	PassingShootingDribbling	RunningJumpingThrowing	BattingBowlingThrowingCatching
Knowledge and understanding milestones	Understand and demonstrate knowledge of passing, attacking and defending within isolated drills and game play scenarios.	Pupils will learn a series of badminton skills and techniques to outwit opponents in a competitive scenario.	Pupils will gain knowledge of the nature of fitness-based activities and make effective evaluations of strength and weaknesses in their own and others performances.	Pupils will learn to identify and recognise similarities in principles of attack and defence. Pupils will implement strategic and tactical decisions based on movement of the ball into space and choice of skill execution.	Understand and demonstrate skills involved with different athletic events and build knowledge to competitive scenarios.	Pupils will develop the ability to outwit opponents using strategies and tactics. Pupils will learn to apply consistency & quality in the use of techniques for batting, bowling and fielding.
Scaffolding for SEND to ensure quality first teaching	Scaffolds Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds Challenge tasks Model answers Targeted questioning Quizzes	Scaffolds Challenge tasks Model answers Targeted questioning Quizzes
Careers input	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist	Professional sports performer Teacher Personal trainer Fitness instructor Athletic coach Physiotherapist Nutritionist

	Sports development officer	Sports development officer	Sports development officer	Sports development officer	Sports development officer	Sports development officer
	Sports journalist	Sports journalist	Sports journalist	Sports journalist	Sports journalist	Sports journalist
	Events manager	Events manager	Events manager	Events manager	Events manager	Events manager
Links (prior knowledge, future knowledge)	This units build on: skills covered from KS2 education or from attending local clubs. This unit prepares students for: developing understanding of skills and game play throughout KS3 and KS4 which can be utilised during curriculum and extra- curricular opportunities.	This units build on: The experience of some hand eye coordination skills, or net game skills developed at KS2. This unit prepares students for: developing understanding of skills and game play throughout KS3 and KS4 which can be utilised during curriculum and extracurricular opportunities.	This units build on: The experience of some fitness activities and some basic techniques developed at KS2. This unit prepares students for: Highlight the health benefits gained from taking part in fitness based activities and discuss the need to stay healthy and active.	This units build on: Learning the basic principles of attack and defence and working in small teams This unit prepares students for: Highlight the possible health benefits gained from taking part in Football based activities and discuss the need to stay healthy and active. Suggest any Football clubs within the school timetable and promote community links.	This units build on: Athletics covered from KS2 education. This unit prepares students for: further development of athletic events for different skills and how to progress these to competition and utilises during the annual sports day.	This units build on: The experience of some striking and fielding techniques developed at KS2. This unit prepares students for: Highlight the possible health benefits gained from taking part in Cricket activities and discuss the need to stay healthy and active. Suggest any cricket clubs within the school timetable and promote community links as well as preparation for extracurricular fixtures.
Key vocabulary	Target, follow through, long and strong, parker player, cheek to cheek, ring of steel, space, catch, tackle pass, offload, support.	Serve, backhand, forehand, return, positioning, score, rally, clear, square, stance, grip, racquet, racquet head, short, wide, long.	Warm up, stretch, pulse raiser, heart rate, hamstring, quadricep, gastrocnemius, gluteus maximus.	Touch, control, inside, outside, pass, shoot, tackle space, close down, mark, tackle, header, dribble.	Long jump High jump Javelin Shot Putt Discus Sprinting Long distance running	Grip, Seam, bowling stumps, wicket, wicket keeper, fielder, throw, catch, long barrier, under arm, over arm, wickets, crease, catching.

	Formative	Formative	Formative assessment:	Formative	Formative	Formative
Review and	assessment:	assessment:	Questioning and	assessment:	assessment:	assessment:
	Questioning and	Questioning and	feedback during lesson	Questioning and	Questioning and	Questioning and
	feedback during	feedback during		feedback during	feedback during	feedback during
	lesson	lesson	Summative assessment:	lesson	lesson	lesson
Assessment			demonstrate through			
(including opportunities for	Summative	Summative	practical application with	Summative	Summative	Summative
• •	assessment:	assessment:	teacher feedback	assessment:	assessment:	assessment:
retrieval practice)	demonstrate	demonstrate		demonstrate	demonstrate	demonstrate
	through practical	through practical		through practical	through practical	through practical
	application with	application with		application with	application with	application with
	teacher feedback	teacher feedback		teacher feedback	teacher feedback	teacher feedback