ear 7 PSHE Curriculum ov	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Торіс	Future choices & money Relationships	Emotional and mental health	Keeping safe	Values, rights & responsibilities Health & fitness	Online media & assessment	Sexual health Personal development Health & fitness
Key concepts	 Starting secondary school Managing money at secondary school Friendship changes Friendships Peer influence Families Bereavement 	 Talking about feelings/feeling low Being unique & selfesteem Boosting my mood Feelings & behaviour Managing disappointment Learning from mistakes 	 Food safety Young people's attitudes to alcohol Tobacco, vaping & cannabis Grooming FGM 	 Respect Community diversity Challenging stereotypes A welcoming & inclusive school Prejudice & discrimination Fit & active 	 Online privacy Social media as a positive influence Body image 	 Puberty Menstrual cycle Confidence building Teamwork Managing team conflicts Health & fitness
Knowledge and understanding milestones	As students begin their transition from primary to secondary school, students will discover how life is full of changes and understand the emotions and experiences involved. To support the move into secondary school, students will begin to discuss relationships, and the changes students may experience. This is related to families too and students will discuss different advice and support available.	Students develop their understanding about different feelings and how to cope with these. The move to secondary school can impact students emotional and mental health, and students will develop their understanding about impacts of mental health. With the change in education, students will develop their ability to cope with disappointment which can relate to their education and friendship changes.	To introduce students to the keeping safe unit, students will learn about the risks within society regarding substances and how to protect themselves. This unit develops across KS3 and KS4, therefore supports and develops the students understanding. Students will receive important advice on how to protect themselves and where to find support/advice from if it was ever needed.	Students will be able to link them RE content into the values, rights & responsibilities topic whilst they discover and discuss difference within the community. Students will begin to understand their importance for making an inclusive school and what they can do to achieve this. Students will finish the term with a focus on a fit and active lifestyle which will benefit them through secondary school and into adulthood.	Students develop their knowledge and understand about the safe use of online and the media. Students will gain an understanding into online life and the impact of using it can have an influence on how an individual perceives scenarios. Students will develop their understanding of body image, and how everybody experiences this differently. Students will receive advice about how to support themselves with this.	Students continue their understanding about puberty and menstrual cycle which was discussed within their primary setting. Students can build on their knowledge and ensure the same and correct terminology has been provided from external sources (NHS). Students develop their teamwork and confidence building whilst understanding that everybody has their own individual understanding of these characteristics.
Scaffolding for SEND to ensure quality first teaching	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning	Scaffolds Sentence stems Frayer models for key vocabulary Glossaries Guided reading activities Challenge tasks Targeted questioning

	Knowledge Organiser					
	tests	tests	tests	tests	tests	tests
	Recall quizzes					
	Emergency services					
Careers input	Media	Media	Media	Media	Media	Media
	Finance	Finance	Finance	Finance	Finance	Finance
	Health advisor					
	Law	Law	Law	Law	Law	Law
	Fitness	Fitness	Fitness	Fitness	Fitness	Fitness
	Nutritionist	Nutritionist	Nutritionist	Nutritionist	Nutritionist	Nutritionist
	Education	Education	Education	Education	Education	Education
	Doctor	Doctor	Doctor	Doctor	Doctor	Doctor
	Nurse	Nurse	Nurse	Nurse	Nurse	Nurse
	This units build on:					
	knowledge students have					
	covered at KS2. Primary					
	schools complete					
	different curriculums,					
	therefore, this provides a					
	blanket of information	blanket of information for				
	for the students.	the students. Students				
	Students will have the	will have the opportunity				
	opportunity to share	to share previous learnt				
	previous learnt	knowledge about each				
	knowledge about each	key concept.				
Links (prior knowledge,	key concept.	This unit prepares				
future knowledge)	This unit prepares	students for: the				
	students for: the	continued development				
	continued development	of KS3 PSHE curriculum				
	of KS3 PSHE curriculum	and students can develop				
	and students can develop	their knowledge within				
	their knowledge within	the same topics. Students				
	the same topics.	will take their knowledge				
	Students will take their	into KS4 for year 10 and				
	knowledge into KS4 for	11 when they begin to				
	year 10 and 11 when	prepare for further				
	they begin to prepare for	education and life as an				
	further education and life	adult.				
	as an adult.					
	Emotions	Feelings	Hygiene	Respect	Privacy	Puberty
Key vocabulary	Changes	Emotions	Protection	Society	Protection	Changes
	Fresh starts	Wellbeing	Sterilisation	Religion	Safety	Growing up

	Diversity	Mental health	Alcohol	Race	Online	Menstrual cycle
	Pressure	Physical health	Abuse	Diversity	Media	Confidence
		Social health	Neglect	Discrimination	Internet	Teamwork
		Unique	Substances	Prejudice	Influences	Development
		Self-esteem	Drugs	Social groups	Positive	Understanding
		Pressure	Vaping	Stereotype	Negative	Roles
		Impact	Cannabis	Inclusivity	Body image	Responsibilities
		Mood boosting	Grooming		Real	Conflict
		Exercise	Victim		Fake	Health
		Rest	Female Genital		Personality	Fitness
		Recovery	Mutualisation (FGM)			
		Affect				
		Disappointment				
		Acceptance				
		Resilience				
	Formative assessment:	Formative assessment:	Formative assessment:	Formative assessment:	Formative assessment:	Formative assessment:
	 Do now tasks 	 Do now tasks 	 Do now tasks 	 Do now tasks 	 Do now tasks 	 Do now tasks
	 In lesson quizzes 	 In lesson quizzes 	In lesson quizzes	 In lesson quizzes 	 In lesson quizzes 	 In lesson quizzes
Review and Assessment	Selective questioning	Selective questioning	Selective questioning	Selective questioning	Selective questioning	Selective questioning
(including opportunities	Peer/self-assessment	 Peer/self-assessment 	Peer/self-assessment	 Peer/self-assessment 	Peer/self-assessment	 Peer/self-assessment
for retrieval practice)	Summative assessment:	Summative assessment:	Summative assessment:	Summative assessment:	Summative assessment:	Summative assessment:
	Relationships assessment	Emotional & mental	Keeping safe assessment	Values, rights &	Online & media	Sexual health assessment
	-	health assessment		responsibilities	assessment	Personal development
				assessment		assessment