



Lady Hawkins' School

Physical Education Learning Journey

ASSESSMENT



HEAD



HEART



HANDS



Continue lifelong participation



Progress into further education in Physical Education/Sport



Elite performance

ENGAGEMENT

YEAR

11

In Year 11, pupils have a choice of activities to take part in so that their **ENGAGEMENT** in sport and physical activity is as high as it was at the start of their journey. A range of opportunities provides different pathways for all students to take on as they leave Lady Hawkins' School.



INCLUSION

In Year 10, an **INCLUSIVE** approach to sport and physical activity means that students can start thinking about future in PE through an academic pathway, AQA GCSE PE. Other **INCLUSIVE** sports to increase participation are also introduced.



YEAR
10

ENJOYMENT

In Year 9, pupils have a well-developed skill base and tactical knowledge for a range of activities. Further physical activities are introduced to allow **ENJOYMENT**.



YEAR
9

PROGRESS

In Year 8, pupils' skills are **PROGRESSED** further through continual development with the use of head, heart and hands as a focus.

YEAR
8

OPPORTUNITY

In Year 7, pupils are introduced to a range of sports where they are assessed on Head, Heart and Hands which builds a strong base of skill and collaboration at the start of their journey. Pupils have an **OPPORTUNITY** to take part in a broad curriculum.

YEAR
7

Additional Experiences and Opportunities for Growth

Bronze Duke of Edinburgh

Sports Day

House Matches

County netball

County football

County rugby

County and District athletics

Young Leaders

GCSE PE

Specialist coaching

Girls' football

Wide variety of extra curricular clubs and fixtures

Ski Trip

St Davids

LHS PE

PRIMARY COLLABORATIONS



Before their LHS PE journey, primary pupils are introduced to a range of skills and competitions, in and outside of LHS, to start developing their head, heart, hand skills, as well as educate them about Health in physical activity and sport.



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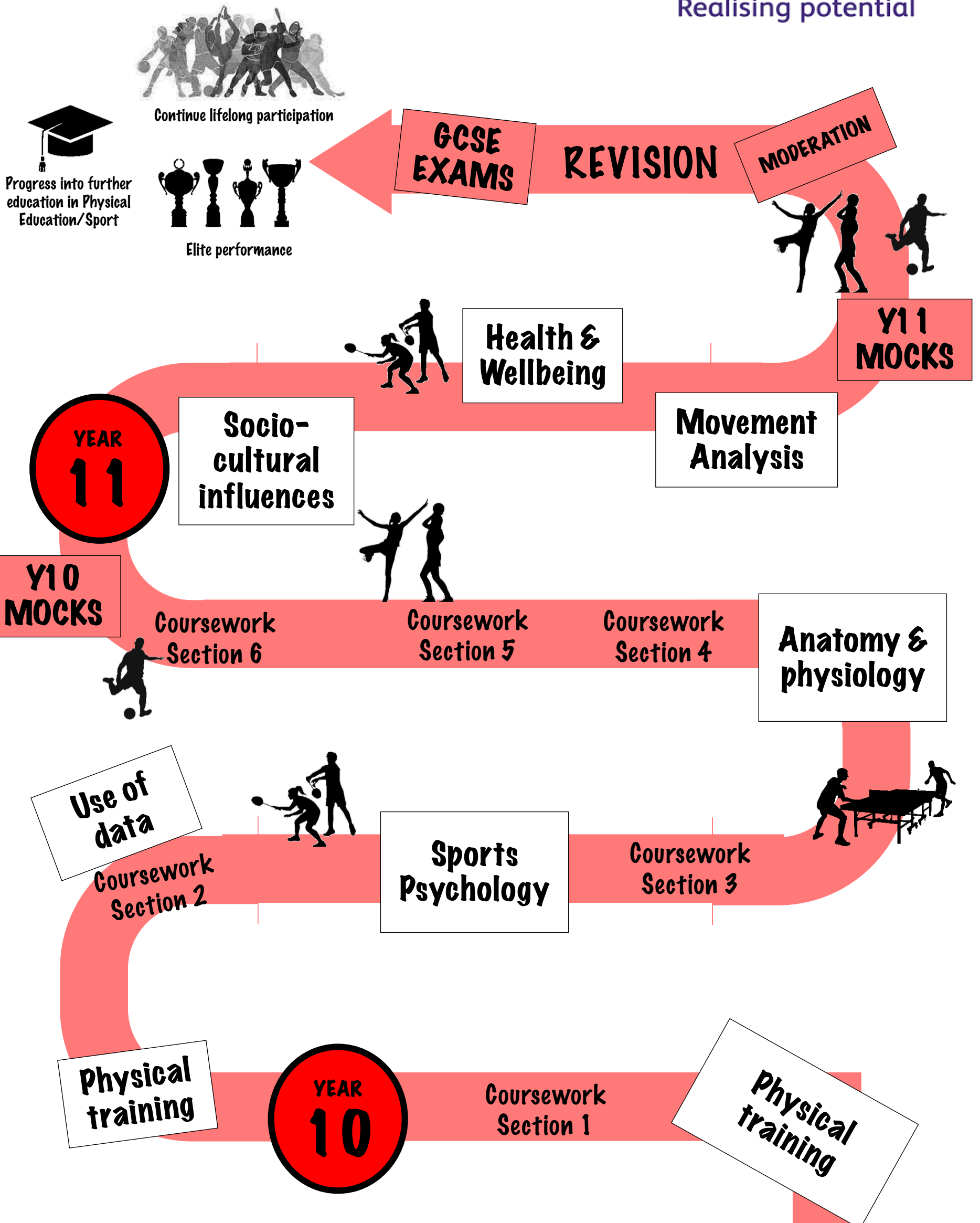


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GCSE PE Learning Journey



AQA GCSE PE COURSE ASSESSMENT		
THEORY	PRACTICAL	COURSEWORK
60%	30%	10%
2 exams May & June	3 sports 1 team 1 individual 1 team/individual	Analysis and evaluation of a chosen sport performance



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LHS students use their wide range of skills from KS3 PE and continue to develop knowledge through an academic focus whilst studying the AQA GCSE PE course.